

JAMESTOWN COMMUNITY COLLEGE
State University of New York

INSTITUTIONAL COURSE SYLLABUS

Course Title: Athletic Training Internship

Course Abbreviation and Number: PHE 2050

Credit Hours: Variable

Course Type: Internship

Course Description: Students will apply knowledge of athletic training skills in a hands-on experience consisting of 180 hours. Each student will be assigned to work with an athletic team under the supervision of the certified athletic trainer for the semester, attending practices and games. Students will learn about conditioning, injury evaluation, treatment, preventive techniques, and rehabilitation.

Prerequisites: PHE 1500 and CPR and first aid certification; Corequisite: ENG 1530; Eligibility: C+ or better in PHE 1500.

General Education Requirements Met

JCC

Applied Learning

Student Learning Outcomes:

Students who demonstrate understanding can:

1. Recognize common athletic injuries.
2. Employ appropriate treatment modalities to athletic injuries.
3. Evaluate status of athletic injuries and modify treatment plans.
4. Describe experiences, including what occurred and what changes/improvements to consider when dealing with similar future injuries.

All applied learning courses will include the following student learning outcomes:

1. Effectively apply knowledge and skills to a real-world experience, creative project, or independent intellectual investigation. [JCC Gen Ed – Applied Learning]
 2. Thoughtfully reflect on connections between concepts studies in the classroom & insights gained from an applied learning experience/project. [JCC Gen Ed – Applied Learning]
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Topics Covered:

Experiences in this course may include, but not be limited to topics such as:

- Practical Skills
 - Injury evaluation and emergency treatment
 - Rehabilitation of acute and chronic athletic injuries, as well as post-surgical treatment
 - Cervical Spine stabilization and backboarding
 - Preventative taping and bracing
 - Manual resistance exercises and stretches
 - Therapeutic Modalities
 - Develop an understanding of uses of electrical stimulation and ultrasound therapies
 - Properly administer cold and hot modalities.
 - Administration
 - Develop an emergency action plan
 - Order supplies
 - Complete injury reports and rehabilitation sheets
 - Other
 - Management of common illnesses
 - Management of dermatological conditions
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Information for Students

- Expectations of Students
 - [Civility Statement](#)
 - [Student Responsibility Statement](#)
 - [Academic Integrity Statement](#)
- [Accessibility Services](#)

Students who require accommodations to complete the requirements and expectations of this course because of a disability must make their accommodation requests to the Accessibility Services Coordinator.

- [Get Help: JCC & Community Resources](#)
- [Emergency Closing Procedures](#)
- Course grade is determined by the instructor based on a combination of factors, including but not limited to, homework, quizzes, exams, projects, and participation. Final course grade can be translated into a grade point value according to the following:

A=4.0	B+=3.5	B=3	C+=2.5	C=2	D+=1.5	D=1	F=0
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- Veterans and active duty military personnel with special circumstances (e.g., upcoming deployments, drill requirements, VA appointments) are welcome and encouraged to communicate these to the instructor.

Effective Date: Fall 2021